

# MEET THE PRODUCT






## BRAVENLY IGNITE

An advanced appetite support supplement with Adaptogens that support your adrenals, giving you a long-lasting boost of energy.

IGNITE your day with a supplement that gives your mind clarity and focus, all while suppressing your appetite, speeding up your metabolism, and crushing any craving that comes your way.\* These adaptogens help your body manage stress and support your adrenals. These benefits are included in a capsule that absorbs FAST, so you can start feeling the benefits.



## BRAVENLY BENEFITS

-  SUPPORTS METABOLISM & BURNS FAT\*
-  SUPPORTS BLOOD SUGAR\*
-  SUPPORTS MOOD\*
-  SUPPORTS ENERGY & ENDURANCE\*
-  MAY REDUCE APPETITE\*

### Supplement Facts

	Amount Per Serving	%DV**
<b>Serving Size 1 Capsule</b>		
<b>Servings Per Container: 60</b>		
Vitamin B-6 (Pyridoxine HCL)	4mg	235%
Vitamin B-12 (Methylcobalamin)	50mcg	2083%
Choline (Choline Bitartrate)	12mg	2%
Calcium (Aquamin™)	21mg	2%
Magnesium (Carbonate & Aquamin™)	9mg	2%
Chromium (Nicotinate)	120mcg	343%
<b>Bravenly Proprietary Blend</b>	<b>477mg</b>	
Beta Phenylethylamine (PEA)		**
Caffeine (Natural)		**
Black Cocoa Powder (Theobroma Cacao)		**
Citrus Aurantium (30%)		**
Green Tea Extract (Camellia Sinensis)		**
Cocoa Powder (Bensdorp)		**
Schisandra Berries (Fruit)		**
Rhodiola Extract (Root)		**
Alpha Ketoglutaric Acid (AKG)		**
Cinnamon Bark (Cinnamomum Cassia)		**
Trace Minerals (ConcenTrace AC)		**
5 HTP (Griffonia Seed)		**
Vanadium (Vanadyl Sulfate)		**

\*\*Daily Value not established  
% Daily Value are based upon a 2,000 calorie diet

**Other Ingredients:** Chlorophyll Vegetable Capsule, Silica Aquamin™ is a registered trademark of Mariqot Limited

## THE BRAVENLY DIFFERENCE

*naturopathic doctor formulated*

### INGREDIENT SPOTLIGHT



#### CITRUS AURANTIUM - AKA BITTER ORANGE

Supports weight management, metabolism, and appetite suppression.\*



#### BETA PHENYLETHYLAMINE (PEA)

Supports athletic performance, weight loss, mood, and focus.\*



#### 5 HTP (GRIFFONIA SEED)

Raises serotonin levels in brain which regulates mood, sleep, and appetite.\*



#### SCHISANDRA BERRIES

Provides adrenal support, combats high cortisol, sustains energy, and maintains endurance & coordination.\*



#### CHLOROPHYL CAPSULE

Breaks down in minutes within your stomach for fast absorption.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.